Friday May 3, 2019
Sun Prairie District Office
501 South Bird Street



8:00 – 8:20am **WELCOME, NETWORKING**

Please pick up the following items at the back table:

Name Tag and Treasurer's Report

8:20 – 8:30am **Welcome and Introductions:** Amy Miller

• Introductions & Bright Spots

• Choose September Meeting date and location

o Next Meeting Sept. 18th, 2019 at Waunakee

8:30 - 8:45am Secretary Report - Krissy Killerlain

Motion to approve made by Janell Dorn

Seconded by Sharon Daly

All in favor

Treasurer Report - Kristy Champion

**Email Kristy Champion at kchampion@sdb.k12.wi.us if you need an invoice for

any event through GDCALN

Prediction End year with Less that \$13,000

- Possible proposal: a little over on Yahara (in the negative)
- Math Meet (+1,000 extra)
- Math 24 over (2,500 over)- increase fee?
- Ideas:
 - -2 reviewer per level for math meet?
 - -Feedback on hosting math meet. Survey hosts to get an idea.
 - -submit receipt up to a certain amount?

Motion to approve: Lucia Seconded: Kathy Engstad

All in favor

Website Update- Kristy Champion

- -Let Kristy know if you need an update
 - -Kristy can train or can do it for you
- -one contact for each district on website see directory (update earlier in

year for future)

Elections for 2019-20-

- Kathy Engstad, current Vice President, moving to a new position (AVID) next year
 - Vice President- Lucia nominated Laura Borsecnik all in favor
- -Lucia Rowley-currently professional development- one more year- looking for someone to shadow her if interested please email Lucia Rowley at Irowley@madison.k12.wi.us or Amy Miller at alm@oregonsd.net

President- Amy Miller
Vice President-Laura Borsecnik
Secretary- Krissy Killerlain
Treasurer- Kristy Champion

• Officers for 2019-2020 school year voted all in favor

8:45-9:20am

Grade Band Collaborative Discussion-Lucia & all

- Go to Resources
 - o <u>High School</u>
 - o Middle School
 - o **Elementary School**
- Professional Development Wish List
 - o High School
 - o Middle School
 - o Elementary School
- Opportunities and Obstacles 2018-19
 - o Root Cause 5 Whys Worksheet
 - o What are other districts doing as a list on website of possibilities?
 - o If you are an expert in _____ could you be a contact on our website.
 - Example: "Middle level math differentiation"
 - Can you share / be someone people can reach out to you?
 - Let's create a way for people can connect
 - o GT co-teaching take lead in creating choice boards and differentiating at high end from an assets based
 - Amanda from McFarland co-teaching English 10 next year
 - o AL/GT PD for instructional coaches

Check out this link for <u>Leadership and Coaching for Leadership for Systems Change</u> at Wilderness in the Dells- 6 sessions throughout next school year- through RTI center - At <u>4 different locations</u>

9:20-9:30am **BREAK**

9:30- 10:20 am

Professional Development Session: See this link for presentation <u>Strategies for Supporting Advanced Learners Through Transitions and High Stress Situations</u>
Wendy S. Johnson, Ph.D.

Wendy S. Johnson, Ph.D. wsjohnson@madison.k12.wi.us Lead School Psychologist

Madison Metropolitan School District

- -Transitions-
 - changing levels-pressure,
 - used to being the highest performer and want to maintain that (internal battles),
 - choosing a college, peers going somewhere and don't have anything to be proud about,
 - imposter syndrome at all grade levels (more reluctant to take risks).
 - We define when transitions are in time (we are going to go to this class at this time)
 - Talk to parents
 - Talk to kids (1 year in advance- meet kids needs vs. scheduling needs)
 - All my friends are in that class
 - Depression- getting good grades/coming to school- but stressed/overwhelmed

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Strategies

- o -growth mindsets praise for hard work
- sibling differentiation could be great- (similar IQ, but different profiles)
- Help all kids understand that we all learn things differently
- We don't expect you to know everything
 - "You won't know everything"
 - "Guessing and good and I need you to guess"
- Depression- "I'm concerned about _____, I am not an expert in this area. I want to get someone else involved." Give choice if possible.
 - If they are writing about it they want someone to know. Be matter of fact about it.
 - If fictitious- still refer
- High stress situations
 - Test and exams
 - College applications
 - Performance events

- Parental pressure
 - Your child's level of stress is interfering with functioning
 - Race to Nowhere- movie shared by Lucia
 - Share child's self-create schedule with parents
 - Amy Miller teaches a parenting class and shared:
 - Ask parents to ask what do they really want for their kids after high school
 - What are the goals and aspirations for your child
 - What does the student want?
 - Have a conversation with student
- Self-induced pressure
 - Prioritize and let go of things
 - Schedule- color code- back mapping
- o Unrealistic expectations related to performance
- Juggling many talents and interest
- Traumatic events in news (talk with parents about- also in social media)
- Amber alerts too much information
- Home situations
- What do our students need?
 - Realistic expectations
 - o Reminders of past successes
 - Mindfulness practices
 - Apps-10% happier, etc.. try and report back
 - Altering negative self talk
 - Learning personal triggers
 - Identity work
 - Circle on chart paper or erase board- divide up the circle (academic, religion, volunteer, etc...)
 - Keep front and center when talking about priorities and can use this with parents.
 - Setting clear goals
 - Short term realistic goals
 - Help them understand their gifts
 - Issues of control- what do you have control over and what you do not
 - o Taking care of self avoid overscheduling
 - Write down what makes you feel good
 - Talking less at times
 - Learning their values
 - Calendar use

10:20-10:30am Professional Development Review/Planning- Lucia Rowley

Subcommittee update- Equity Team

-future PD college admissions speaker? To discuss mixed messages about have a 4.0 GPA and challenging courses

10:30- 10:45am

Student Program Information & Function Group – updates

- College Matters- Sharon Daly
 - o Oct. 30th at UW Madison in a.m.
 - For high school juniors
 - Don't need names, but just need how many are coming in the fall

• Fine Arts Weekend- Mary Kennedy

- o Overbooked this year
 - About 12 over
 - Hotel will be tight
 - May be sharing a bed or a cot

Haiku - Carole Mason/Andy

- o Extra Haiku booklets available
- If interested in sharing Haiku role with Andy let him know by email at andy@eagleschool.org

Math 24- Kristy Champion

- o From survey
 - March 19th possible date
 - Keep all in one day
 - Only half and hour in between (enough help to turn over rooms?)
 - Can't bring own food
 - Bring own proctors

• Math Meet-Mary Kennedy

- o Survey to come out to hosts to determine if we need to reduce cost
- o Mega Meet notices have gone out

Yahara River Writers - Ruth Frawley

o May 14th Yahara Top Ten Workshop and Awards

- o Google "Team" Drive will be changed to Google "Shared" Drive
- Sunshine Sharon Daly email Sharon at sdaly@cambridge.k12.wi.us for any
 Sunshine needed

10:45-10:55am **Organization Updates:**

- WCATY -Ola Skyba & Katie Effernz
 - Some full scholarships for students with free or reduced lunch and accelerated application due next Wed., May 8th
 - application packet, application form
 - Application page: DPI form VERY important
 - 10 for HS (3 open courses)
 - 5 for PACE (Mindfulness Psychology and Me and UW Art)
- Center for Advanced Academics- Rebecca Vonesch
- **UW Whitewater -**Scott Peters/Pam Clinkenbeard
- WATG Pam Clinkenbeard
 - o State Budget and Gifted Education
 - o What Will Actually Make a Difference in Wisconsin Gifted Education

10:55am New Business:

- Student Advocacy Workshops 2019-20:
 - Month in fall: October
 - o Will send out options for dates later
- Carpe Diem Parent Workshop
- GDCALN Year at a Glance
- Sun Prairie Job postings on WECAN

10:59am Motion to Adjourn

Sharon Daly motion to adjourn

Jon Roth seconded

All in favor

11:00am New Coordinator Q & A